



Participation in MI 21st CCLC Programs Links to Enhanced Developmental Assets

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MI 21st CCLC State Evaluation
Advisory Board Meeting
2/12/2014

literature review

- Search institute's 40 developmental assets
<http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18>



SUPPORT



EMPOWERMENT



BOUNDARIES AND EXPECTATIONS



CONSTRUCTIVE USE OF TIME



COMMITMENT TO LEARNING



POSITIVE VALUES



SOCIAL COMPETENCIES



POSITIVE IDENTITY



literature review

- OST participation may help increase developmental assets
 - positive peer relationships (Wimer et al., 2008)
 - adult supports (Anthony et al., 2009)
 - enhanced social capital (Greene et al., 2012)

literature review

- OST participation is often only captured by “participate or not” (Fiester, Simpkins & Bouffard, 2005)
- different activities presumably lead to different experiences-> assets (Akiva et al., 2013; Larson et al., 2006)



2011-2012 Data

- 4th to 12th-grade participants
- end-of-school-year surveys
- 9,329 youth across 321 sites
- 75 % survey return rates
- EZReports on attendance



youth survey questions-1

(the extent to which programs helped you develop...)

positive peer relationship

kids help me when I'm having a hard time.

kids make sure that other kids follow the rules.

kids work together to solve problems.

I trust the kids.

kids tell each other when they do a good job.



youth survey questions -2

(the extent to which programs helped you get...)

adult supports

Staff care about me.

I can tell the staff in this program about my problems.

I trust the staff.

Staff punish kids without finding out what really happened.

If a kid at this program is being mean to me, I know that staff will help me.



youth survey questions -3

(the extent to which programs helped you develop...)

prosocial behaviors

Learned about helping others.

I was able to change my school or community for the better.

Learned to stand up for something I believed was morally right.

We discussed morals and values.

Learned that working together requires some compromising.



youth survey questions -4

(the extent to which programs helped you develop...)

leadership skills

Learned about the challenges of being a leader.

Others in this program counted on me.

Had an opportunity to be in charge of a group of peers.



youth survey questions -5

(the extent to which programs helped you develop...)

teamwork skills

Learned that working together requires some compromising.

Became better at sharing responsibility.

Learned to be patient with other group members.

Learned how my emotions and attitude affect others in the group.

Learned that it is not necessary to like people in order to work with them.

participation

- total days of attendance
- types of participation (hours)
 - academic
 - sports
 - arts
 - youth development
 - social/free-time
 - technology
 - health



controlling factors

- demographic
 - gender
 - white/non-white
 - grade level
 - academically at-risk status
- overall program satisfaction
- activity offerings at sites



results

- more total days

- prosocial behaviors
- leadership
- Teamwork



- peer relationship





results

- more youth development hours

- prosocial behaviors
- leadership
- Teamwork





results

- more sports hours

leadership skills



summary of findings

- 21st CCLC helped youth feel that they were developing
 - prosocial behaviors
 - Leadership skills
 - teamwork skills
- especially through participation in activities related to:
 - youth development
 - sports

summary of findings

- more days of attendance shown...
 - less peer support
 - no better adult support
- room for improvement in strengthening positive relationships among peers and with adults

questions or comments

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